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| **My Pension Online** |
| **What is My Pension Online?** |
| * It’s our free 24/7 service that lets you see your own LGPS pension account online.
* See the value of the pension you’ve built up.
* Check the information we’re holding for you and tell us about any changes.
* Easy for you to do your own retirement estimates and see instant results.
* Safe and secure access
 |
| **Planning your Retirement?** |
| See instantly online how any of the following might affect the value of your pension:* Retiring early or retiring late.
* Swapping some of your yearly pension for a one-off lump sum of money when you retire.
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| **Electronic Communications** |
| We’ll put your Annual Benefit Statement and other documents into your pension account:* Send us your information securely through your account.
* Everything stored safely for you, so you can look at them whenever you want to.
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| **Sign Up Today!** |
| It’s really simple to sign up in four easy steps on our website [www.gwentpensionfund.co.uk](http://www.gwentpensionfund.co.uk/) Click on the My Pension Online link (at the top of the screen).* Click on **Register for My Pension**
* Click on **Sign up for My Pension**
* Type in your **Surname, National Insurance Number, Date of Birth and Email Address and click on Register for My Pension**
* If we hold your email address on our record you will receive an email with a link to click on to complete your registration. If we don’t hold your email address on our records, **we will send you an activation key in the post within 3-5 days.**
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| **Further Information** |
| * Email: mypensiononline@torfaen.gov.uk
* Tel: 01495742299
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